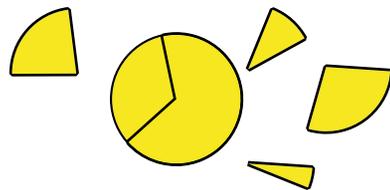
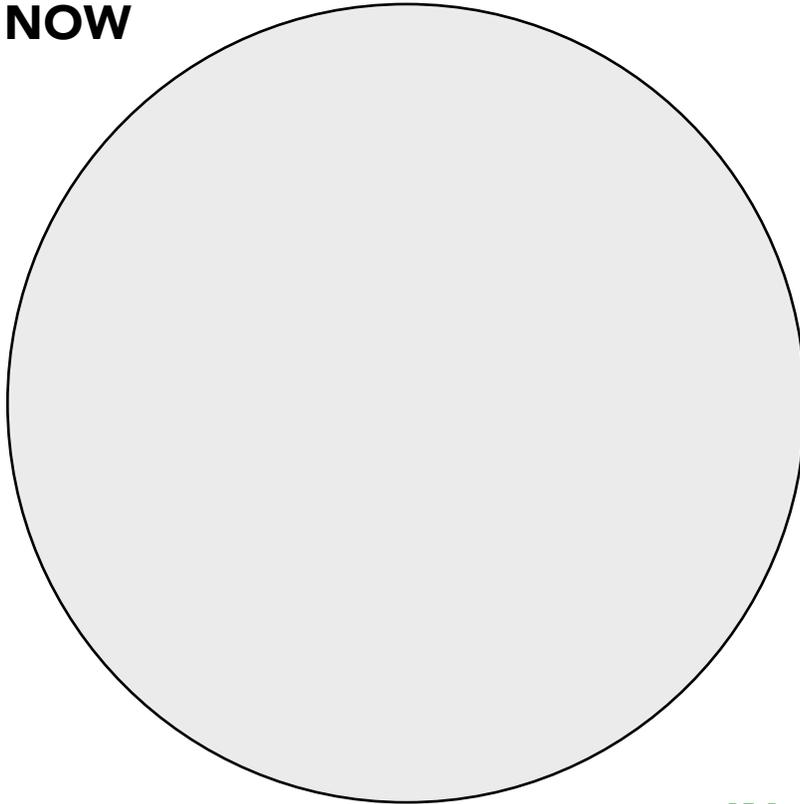


THINK OF YOUR WORK LIFE AS A PIE

NOW



Think of each aspect of your life as a piece of a pie of a different flavor: your family work, your paid work, your hobbies, your volunteer work, your self-care work, etc.

What is the biggest piece of your pie now? What do you want the biggest piece to be in 6 months?

Draw and label pie pieces of the appropriate size in the circles.

IN 6 MONTHS

